

Almost 20% of Louisiana citizens are currently living with mental illness.



1 IN 5 ADULTS IN AMERICA EXPERIENCE A MENTAL ILLNESS.



103,000

adults in Louisiana suffer from a **SERIOUS MENTAL ILLNESS.**

17.5%

of adults in Louisiana suffer from **DEPRESSION.**

14.7%

of adults in Louisiana suffer from **ANXIETY DISORDERS.**

LOUISIANA IS AMONG STATES WITH THE **HIGHEST PREVALENCE OF MENTAL ILLNESS AND LOWEST RATES OF ACCESS TO CARE.**



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|----------------|---------------------|-------------|
| 1. Arizona | 5. Louisiana | 9. Arkansas |
| 2. Mississippi | 6. New Mexico | 10. Idaho |
| 3. Nevada | 7. Oklahoma | |
| 4. Washington | 8. Montana | |

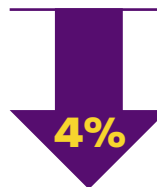
LSU research works to improve lives.

Easing mental illness in the wake of local disasters:

- LSU Health New Orleans has developed **mental health intervention and prevention strategies, and enhanced accessibility to care** for children and families who continue to struggle with the effects of Hurricane Katrina.
- By embedding psychiatrists, psychologists, social workers, and telemedicine resources into primary care clinics in the communities still impacted by the Deepwater Horizon Gulf Oil Spill, **LSU Health New Orleans developed a new standard of care that reduced both mental health and general medical symptoms** in people affected by the tragedy.
- The LSU AgCenter has been working to **identify behavioral health needs** of Orleans Parish residents, share data, and **develop and promote best practices** for improving community behavioral health.

Improving diagnoses and developing new treatment methods:

- LSU Health Shreveport is investigating whether a medication used to treat alcoholism could also help **control manic symptoms in individuals** with both bipolar disorder and alcohol dependency.
- LSU Pennington Biomedical Research Center **studies confirmed high-fat diets can lead to an uptick** in anxiety, depression, impaired memory, and repetitive behaviors.



ADULT DEPRESSION IN ORLEANS PARISH DECREASED FROM 19.4% IN 2008 TO 15.4% IN 2012.