



## Save time and money with your Employee Assistance Program (EAP) online discount center

### **Aetna Resources For Living<sup>SM</sup>**

Worklife services already save you time by helping you find solutions to meet work and life's most important needs.

Now we can also help you save money by providing access to great prices for over 3.5 million products and services. How? Through our online discount service.

#### **Let the savings begin**

We help you find the deals you're looking for with easy search tools and discount codes. We also feature zones that highlight hot offers, limited time bargains and regional deals.

The online discount service features savings on brand-name products and services like:

- Computers and electronics
- Travel, car rentals and hotels
- Gifts and retail shopping
- Movie tickets and video rentals
- Books and DVDs
- Theme parks
- Flowers
- Fitness centers
- Shoes and clothes
- Restaurants

**See for yourself. Log on today to begin saving.**

**[www.mylifevalues.com](http://www.mylifevalues.com)**

**Username: peaceofmind / Password: solutions**

**Aetna Resources For Living<sup>SM</sup> is the brand name used for products and services offered through the Aetna group of subsidiary companies. The EAP is administered by Aetna Behavioral Health, LLC. In California for Knox-Keene plans, Aetna Health of California, Inc. and Health and Human Resources Center, Inc.**

All EAP calls are confidential, except as required by law. This material is for informational purposes only. It contains only a partial, general description of programs and services and does not constitute a contract. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to **[www.aetna.com](http://www.aetna.com)**.



## A website built for you

# Aetna Resources For Living<sup>SM</sup>

Check out these Employee Assistance Program (EAP) web tools and resources now available to your members.

### Get information and advice on the things that matter to you

Your member website is a single source for information on your career, health and personal life. With just a couple clicks, you can:

- Search for child or elder care providers
- Learn about health conditions
- Take well-being assessments
- Access self-help tools and information

### Find discounts on over 3 million products and services

The online discount service features savings on brand-name products and services like:

- Computers and electronics
- Fitness centers
- Travel, car rentals and hotels
- Restaurants
- Gifts and retail shopping
- And more

### Access myStrength — the health club for your mind

myStrength is an easy-to-use online/mobile self-help resource for depression and anxiety.

- Daily tips for your mind, body and spirit
- Built and customized for each user
- Based on the latest clinical research and professional advice from best-selling authors
- Packed with resources to improve mental health

Check out your member website today.

[www.mylifevalues.com](http://www.mylifevalues.com)

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