# PRE-ATHLETIC TRAINING 8-SEMESTER PLAN

# **Critical Requirements:**

SEMESTER 1: C or better in ENGL 1001, MATH 1021; 2.2 LSU & Cumulative GPA. SEMESTER 2: C or better in MATH 1022; 2.3 LSU & Cumulative GPA. SEMESTER 3: C or better in BIOL 1201, 2.4 LSU & Cumulative GPA. SEMESTER 4: C or better in BIOL 1202 & KIN 2504, 2.5 LSU & Cumulative GPA; Admission into the College. SEMESTER 5: C or better in ENGL 2000 and KIN 2500; 2.5 LSU & Cumulative GPA.

#### **SEMESTER 1**

CRITICAL: C or better in ENGL 1001, MATH 1021; 2.2 LSU & Cumulative GPA.

ENGL 1001 English Composition (3) *1* BIOL 1201 Biology for Science Majors I (3) *1* MATH 1021 College Algebra (3) General Education course - Arts (3) General Education course - Social Sciences (3) Total Semester Hours: 15

# SEMESTER 2

CRITICAL: C or better in MATH 1022; 2.3 LSU & Cumulative GPA.

BIOL 1202 Biology for Science Majors II (3) 1 ATRN 2000 Emergency Medical Response (3) 1 PSYC 2000 Introduction to Psychology (3) MATH 1022 Plane Trigonometry (3) 1 KIN 2501 History and Philosophy of Kinesiology (3) 1 KIN Activity Course (1) 1 Total Semester Hours: 16

# **SEMESTER 3**

CRITICAL: C or better in BIOL 1201, 2.4 LSU & Cumulative GPA.

CMST 2060 Public Speaking (3) CHEM 1201 General Chemistry I (3) General Education Course - Humanities (3) KIN 2500 Human Anatomy (3) 1 KIN 2504 Principles of Conditioning (3) 1 KIN Activity Course (1) 1 Total Semester Hours: 16

#### SEMESTER 4

CRITICAL: C or better in BIOL 1202 & KIN 2504, 2.5 LSU & Cumulative GPA; Admission into the College.

ENGL 2000 English Composition (3) 1 BIOL 2160 Human Physiology (3) KIN 3502 Tests and Measurements in Kinesiology (3) 1 KIN Activity Course (1) 1 General Education Course - Humanities (3) CSC 1100 Computers in Society (3) or ISDS 1100 Introduction to Management Information Systems (3) Total Semester Hours: 16

# **SEMESTER 5**

CRITICAL: C or better in ENGL 2000 and KIN 2500; 2.5 LSU & Cumulative GPA.

KIN 2509 Medical Terminology for Kinesiology (3) KIN 3513 Introduction to Motor Learning (3) *1* PSYC 3082 Introduction to Abnormal Psychology (3) KIN 3515 The Physiological Basis of Activity (3) *1* Free Elective (3) Total Semester Hours: 15

# **SEMESTER 6**

PHYS 2001 General Physics I (3) Concentration Elective (3) *1, 2* NFS 1110 Introduction to Nutritional Sciences (3) Free Elective (3) KIN Activity Course (1) Total Semester Hours: 13

# **SEMESTER 7**

EXST 2201 Introduction to Statistical Analysis (4) or SOCL 2201 Introduction to Statistical Analysis (4) KIN 3514 Biomechanical Basis of Kinesiology (3) 1 KIN 3534 Scientific Basis for Exercise (3) 1 KIN 3500 Human Anatomy Laboratory (1) or KIN 3519 Cadaver Prosection (1) Concentration Elective (3) 1, 2 Total Semester Hours: 14

#### **SEMESTER 8**

KIN 4512 Lifespan Motor Development (3) *1* KIN 4520 Psychosocial Aspects of Physical Activity (3) *1* Free Elective (3) Concentration Elective (6) *1*, *2* Total Semester Hours: 15

# TOTAL SEMESTER HOURS:

1- Grade of C or better required for graduation.

2- Select 12 hrs. of concentration electives: KIN 2603, KIN 3525, KIN 3608, KIN 4509, KIN 4571, KIN 4601, KIN 4605, KIN 4606

This document is intended to help students through a successful and timely completion of the Undergraduate Pre-Athletic Training Program at LSU.





