

Anaïs Musso, AO (Animal Osteopath)

About Me

I was born in Saudi Arabia to a French father and Brazilian mother. I traveled a lot when growing up and also moved to Hong Kong and the Sultanate of Oman. I graduated from high school in Abu Dhabi (2013), then attended preparatory classes for veterinarians in Marseille, France (2013-2016). After that I entered the European School of Animal Osteopathy in Normandy, France (2016-2021). I opened my company of osteopathic services in France and also worked as a practice teacher of animal osteopathy at my school until I moved to Louisiana in 2022. I love horseriding, reading, hiking and traveling.



Interested to learn more? Scan the QR Code for more information on LSU Animal Osteopathy



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OSTEOPATHY



WHAT IS OSTEOPATHY?



Osteopathy is a holistic and manual therapy that focuses on identifying and treating mobility restrictions of all the structures of the body. Your pet might be considered for osteopathy after a traumatic event, locomotor disorders, after a surgery, during growth, or after sudden behavioral changes.

Osteopathy can benefit dogs, cats, birds, horses, and cattle. It improves the general wellbeing of the animal by releasing oxytocin in the blood, also modifying the visceral activity.



WHAT TO EXPECT

Your osteopath will implement several techniques to aid your animal's specific needs. Including but not limited to:

Structural techniques: short or long lever thrusts, strain and counterstrain, and joint mobilization.

Soft-tissue techniques: fascial unwinding, vibratory, massage, and Osteopathic Global Treatment.

Visceral techniques: pumping, bouncing, mobilization, and vibratory.

Carniosacral techniques: light, manual therapeutic manipulation techniques to influence and decrease asymmetries in the cranium-sacrum axis and release tensions of meninges, decreasing side effects associated with chemotherapy or radiation.



During the visit, your osteopath will do an examination of the musculoskeletal and visceral structures, dynamic and static observation of the animal's locomotion, palpation of the whole body, and provide treatment adapted to the presented restrictions. Osteopathic sessions usually take about 1 hour, depending on case history and the type of animal. A small animal session lasts around 45 minutes.

Frequency of visits is dependent on the animal and its history. In cases of locomotor disorders, the frequency of consultations will depend on the animal's reaction to treatments. As preventative care, we suggest one or two osteopathic consultations per year to ensure the general wellbeing of your animal.